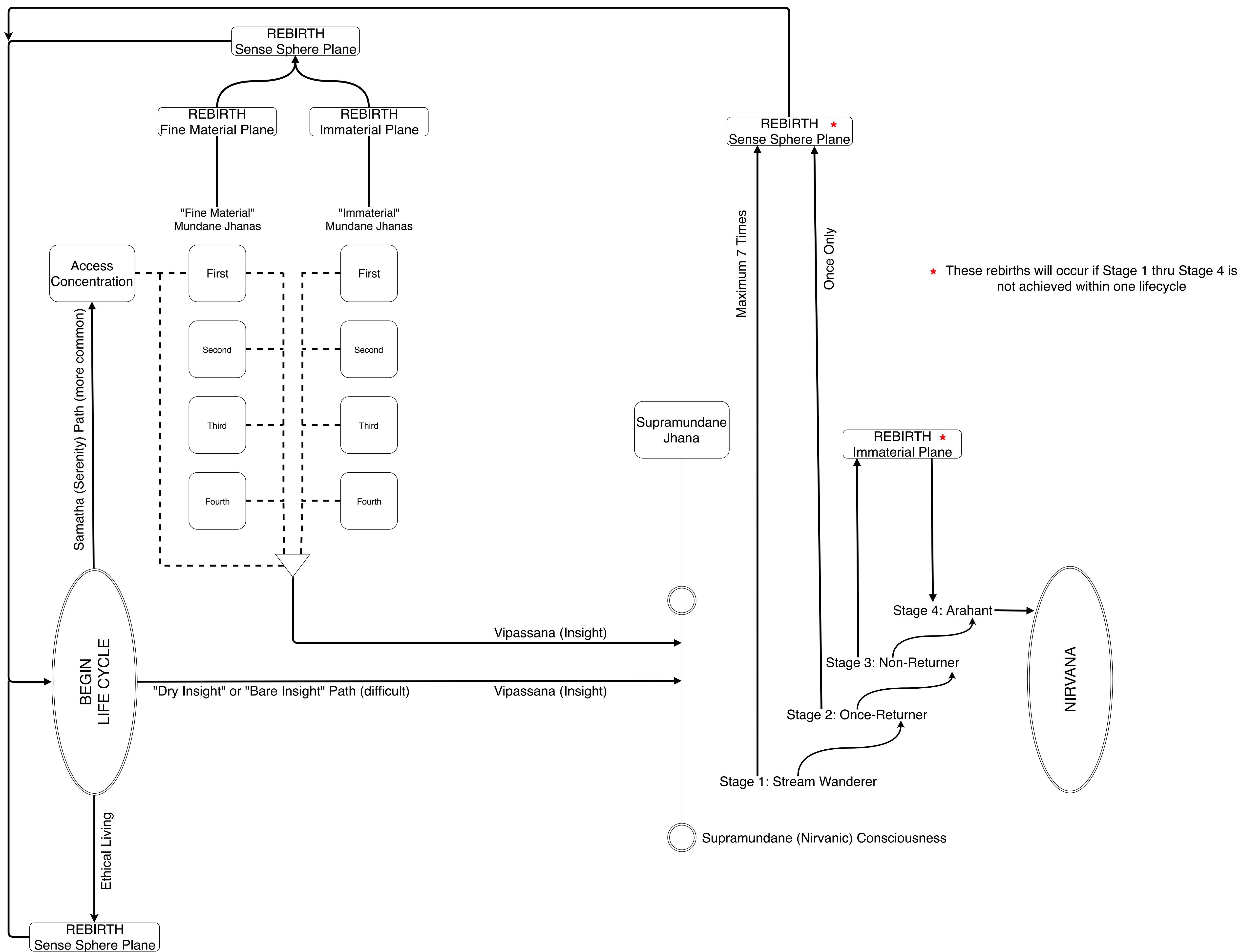




# Pathways to Nirvana - Buddhist Cosmology (Very Simplistic Diagram)



## Legend

Jhana - Pali  
Zen - Japanese  
Cha'an - Chinese  
Seon - Korean

All mean the same thing and refer to advanced mental states

